

## Life Group Notes

*These notes are to serve you as you lead your group.*

*Please feel free to select the passages and only use the questions which are most relevant to your group and for the way you want to lead the session. (There are more questions here than you'll need)*

- *Please choose (or adapt) the questions which you believe will bring about the most honest, faith-building and life changing conversations, and add others if you want to.*
- *The readings and questions develop from one section to the next. Please take time to move through the ones you want to use, giving time for discussion and sharing - ideally leading to a response to God's word.*

# Life Group Notes

Theme: Following Jesus Week 2: How do I follow Jesus?

In the second session in our series on questions about the Christian faith, we are looking today at how we follow Jesus.

## Introductory Questions

1. **What resonated with you from this week's sermon?**
2. **Based on what was shared on Sunday, and from what you know of the gospels, how is 'following Jesus' as described in the gospels similar and different to how we talk about 'following' people today?**
3. **What does 'following Jesus' mean for you personally? (& How do you put that into practice?)**

## Read John 15:1-17

As you read this passage together, take time to notice the verses that encourage and comfort you, AND ALSO the ones which provoke or challenge you.

4. **What stands out to you most from this passage?**
5. **What questions do you have as you read this passage?**
6. **How do you put 'remaining in Jesus' into practice in your life?**

## Hearing from God

7. **Has there been a time when you heard God speak to you? What happened?**
8. **How do you hear from God? (And how would you encourage others to hear from God?)**

In v.14 we read ***"you are my friends if you do what I command"***.

On Sunday, we used the following shape to explain how we follow Jesus:



9. **How have you put this principle into practice in your life, and what has changed as a result?**
10. **Are you aware of areas of your life where Jesus has spoken to you, but where you've not yet acted on what he said? What is holding you back?**

11. Based on Hebrews 3:15, on Sunday we heard that we are helped to hear and obey Jesus by cultivating:

- a. **Proximity** - being 'near' to God to hear his voice
- b. **Familiarity** - recognising that it is God speaking to us
- c. **Desire** - having soft and receptive hearts to God speaking.

**How do you keep your heart tender and open to hear from God?**

### **Reflection & Application**

For hundreds of years Christians around the world have taken time at the end of each day to reflect on the day using four simple questions like these:

- What am I thankful for today?
- Where did I see God at work today?
- Did I do what Jesus asked of me today?
- What about tomorrow am I trusting Jesus for?

**If you were to answer these now, what would your answers be?**

*[if you are meeting in the morning, reflect on yesterday, rather than today]*

Why not use these questions each day until you meet again as a group?