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What does God do for me?



MATTHEW 6:25-26

Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? ²⁶Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?

All of us have needs—things we must have like food, clothing and shelter. Probably your parents take care of these things for you. But did you know that it is God who has provided so that your needs will be met?

God knows about your basic needs. He also knows you have the need to be loved, accepted and to feel safe and protected. Perhaps those who are supposed to take care of you have not been able to meet your needs. Your family might have to depend on others for help. At times, you may try to meet your own needs. But God wants you to look to Him first to provide for you. He is your Heavenly Father who cares for you more than anyone else could.

There is no need too great or too hard for God to supply. He promises, “And my God will supply every need of yours” (Philippians 4:19). God has all of the riches in the world. He never lacks anything, so He is well able to supply any need.

God does not promise to supply everything you want, but your needs will never go unmet. Depend on God. Tell Him about your needs and trust Him to provide for you.



THINK ABOUT IT!

What are some needs God is able to supply?



TALK TO GOD

Thank God that He has the power to meet all your needs. Ask Him to help you trust Him.

9

What does God do in the world?



ISAIAH 40:28-29

Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable.
²⁹He gives power to the faint, and to him who has no might he increases strength.

Have you ever wondered what God does all day? What in the world does God do? First, you know that God created the world and everything in it. The Bible says, “You have made heaven, the heaven of heavens, with all their host, the earth and all that is on it, the seas and all that is in them; and you preserve all of them” (Nehemiah 9:6). God is the owner of all.

Another thing that God does in the world is to rule over His creation. God has complete control over all things. He has control over the universe, the animals, the nations of the Earth and over people. He has control over nature—the sunshine, thunder, lightening, rain and snow. All nature obeys His will. God keeps everything in the world going according to His plan. He always has the good of His creation at heart.

Does it sometimes seem that God is not in control? Maybe it’s because there are so many bad things happening in the world. God is taking care of all things. You don’t need to worry because God is taking care of this big world and He’s taking care of you!



THINK ABOUT IT!

Name five things God controls in the world.



TALK TO GOD

Thank God that He is in control of the world and everything in it. Ask Him to help you trust Him and not to worry.

10

Does God know about things in my life?



PSALM 139:13-15

For you formed my inward parts; you knitted me together in my mother's womb. ¹⁴I praise you, for I am fearfully and wonderfully made. Wonderful are your works...¹⁵My frame was not hidden from you, when I was being made in secret, intricately woven in the depths of the earth.

Have you ever tried to explain something to a friend, and he just stared at you? Maybe you think, *Doesn't anybody understand what I think or feel?*

God knows everything in the whole world, and God knows everything about you. The Bible says, "You know when I sit down and when I rise up; you discern my thoughts from afar...and are acquainted with all my ways" (Psalm 139:2-3). God knows your thoughts and how you feel at any time of the day. He knows when you get up in the morning and when you go to bed. He sees your tears and hears your laughter. God knows when you're frustrated and when you're sad. He knows the tiniest movement that you make. He also knows every secret sin. Although God knows all about you, He still loves you!

Not one thing in your life goes unnoticed by God. Maybe no one else understands you and your situation, but God understands completely. He knows about your past, your present and your future. Because God knows the future, He can prepare you for it. Isn't it great to know that God knows all about you? Trust Him to do what is best in your life.



THINK ABOUT IT!

God knows and understands about your past, present and .



TALK TO GOD

Thank God that He knows all about you and loves you. Ask God to help you trust Him to do what is best for you.



PROVERBS 3:5-6

Trust in the Lord with all your heart, and do not lean on your own understanding. ⁶In all your ways acknowledge him, and he will make straight your paths.

Do you ever feel like no one cares about you? When hard things happen, you might feel like you're all alone. But there is someone who always cares. That someone is God.

If you know the Lord Jesus Christ as your Savior, you can trust God to take care of you. Perhaps when you get home from school you have to be alone while your parents are at work. Maybe you live where there is violence and you worry about being safe. It's natural to feel afraid sometimes—our world can be a very scary place! Do you think God knows about the dangers in your life? Yes, and He cares. What should you do when you feel alone or scared? The Bible says, “casting all your anxieties on him, because he cares for you” (1 Peter 5:7). No matter what the problem is, God can take care of you.

Because you're His child, God has a plan for your life. He can work out any situation no matter how difficult it may be. When you're in a difficult situation, tell God about it. Think about how powerful He is—He can do anything! Thank Him that He loves and cares for you.



THINK ABOUT IT!

What should you do when you face something hard?



TALK TO GOD

Thank God for loving and caring for you. Ask Him to help you trust Him in everything that happens.

12

How can I be aware of God each day?



PSALM 23:1-3

The Lord is my shepherd; I shall not want. ²He makes me lie down in green pastures. He leads me beside still waters. ³He restores my soul. He leads me in paths of righteousness for his name's sake.

David was a shepherd boy. He took care of his sheep far from home. He led his sheep to eat green grass and to drink fresh water. At times David played his harp. He loved God and made up songs about Him. David was always thinking about God.

Do you think about God during the day? Do you know that He is with you even though you can't see Him? You should think about Him many times every day. When you see the flowers or hear the birds sing, you can think about how wonderful God is. When you think about God while you're at school or at play, you will want to please Him.

If you are thinking about God while you play, you will not become angry or selfish. If you think about God while you do your school work, you will do a good job. If you think about God a lot, how can you do sinful things? How can you worry or be sad? The Bible says, "You keep him in perfect peace whose mind is stayed on you, because he trusts in you" (Isaiah 26:3). God wants you to think of Him very often.



THINK ABOUT IT!

Name some times during the day when you can think about God.



TALK TO GOD

Thank God that He is with you. Ask Him to help you think about Him all the time, and to remember how great He is.



PSALM 111:7-8

The works of his hands are faithful and just; all his precepts are trustworthy; ⁸they are established forever and ever, to be performed with faithfulness and uprightness.

What if God suddenly decided He didn't want to be God anymore? How terrible if He stopped controlling our world. If God changed His mind about loving and forgiving us, we wouldn't be able to go on.

The good news is that this will never happen because God never changes! The Bible says, "From everlasting to everlasting you are God" (Psalm 90:2). God doesn't grow older. He doesn't get new powers or lose the ones He has. He does not get stronger or weaker or wiser. He doesn't get better—He is already perfect!

God's Word will always be Truth. God will never change His mind about sin and forgiveness. He will never love you any more or any less than He does right now. He says, "I have loved you with an everlasting love" (Jeremiah 31:3).

Because God never changes, you can count on Him. He will always be there for you. He will always love and forgive you. He will always do what is best for you. He will always keep His promises to you. Best of all, you can look forward to being with Him forever in Heaven!



THINK ABOUT IT!

Finish this sentence: I am glad God never changes because...



TALK TO GOD

Thank God that He never changes. Ask Him to help you remember that He is always with you, and to trust His promises.

14 How can I witness in hard times?



ACTS 16:23, 25

And when they had inflicted many blows upon them, they threw them into prison, ordering the jailer to keep them safely...²⁵About midnight Paul and Silas were praying and singing hymns to God, and the prisoners were listening to them.

“Throw them in jail,” the angry mob probably shouted that day as they attacked Paul and Silas. The officials ordered them to be beaten many times with a rod. With their backs bleeding, they were thrown in prison. How easy it could have been for them to grumble and complain in that dark prison, but they didn’t.

The Bible says that Paul and Silas began praying and singing hymns to God. The other prisoners and the jailer heard them. Paul and Silas were witnesses during their hard time to those around them. It was midnight. Suddenly, an earthquake shook open the jail doors. The jailer was afraid they had escaped, and he was about to kill himself, but Paul called out to him. The jailer asked, “What must I do to be saved?” They witnessed to him, and that night he and his family believed in Jesus Christ (Acts 16:25-31).

Are you going through a hard time in your life? Remember what Paul and Silas did. They prayed and praised God. Their right attitudes were a witness to those around them. What about your attitude? Will you let God use you to be a witness during your hard time?



THINK ABOUT IT!

What things would be a *good* witness during a hard time.

Praying

Anger

Singing praise

Whining

Reading the Bible



TALK TO GOD

Ask God to help you have a right attitude so you can be a good witness for Him.